



Online health support
for SCAD students

Get support from doctors, therapists, and psychiatrists anytime.

Using LiveHealth Online, you can have a private video visit on your smartphone, tablet, or computer.

When you're not feeling well, you can get the support you need easily using LiveHealth Online. Whether you have a cold, are feeling anxious, or need help managing your medication, doctors and mental health professionals are right there, ready to help you feel your best. Using LiveHealth Online you can have a video visit with a board-certified doctor, psychiatrist, or licensed therapist from your smartphone, tablet, or computer from home or anywhere.

You have access to affordable and convenient care

Your plan includes benefits for video visits using LiveHealth Online, so you pay \$0 for medical doctor visits, or a 45-minute therapy or psychiatry session.

On LiveHealth Online, you can:

- ✔ **See a board-certified doctor 24/7.** You don't need an appointment to see a doctor. A doctor is always available to assess your condition and send a prescription to the pharmacy you choose, if needed.¹ It's a great option when you have pink eye, a cold, the flu, a fever, allergies, a sinus infection, or another common health issue.
- ✔ **Visit a licensed therapist in four days or less.**² Have a video visit with a therapist to get help with anxiety, depression, grief, panic attacks, and more. Schedule your appointments online or call **1-888-548-3432** from **8 a.m. to 8 p.m.**, seven days a week
- ✔ **Consult a board-certified psychiatrist within two weeks.**³ You can get medication support to help you manage a mental health condition. To schedule your appointment, call **1-888-548-3432** from **8 a.m. to 8 p.m.**, seven days a week.

F-1 International Students: note that you can use LiveHealth Online through Sydney, the comprehensive healthcare app that comes with your Anthem international student insurance plan.

Use LiveHealth Online today—it's quick & easy

Go to livehealthonline.com or download the app and register on your phone or tablet.

See Spanish-speaking doctor with Cuidado Médico on LiveHealth Online.



LiveHealth
O N L I N E

SCAD

The University for Creative Careers

¹ Prescription availability is defined by physician judgment and state regulations. Visit the home page of livehealthonline.com to view the service map by state.

² Appointments subject to availability of a therapist.

³ Prescriptions determined to be a "controlled substance" (as defined by the Controlled Substances Act under federal law) cannot be prescribed using LiveHealth Online. Psychiatrists on LiveHealth Online will not offer counseling or talk therapy. Appointments subject to availability.

Online counseling is not appropriate for all kinds of problems. If you are in crisis or have suicidal thoughts, it's important that you seek help immediately. Call 1800-784-2433 (National Suicide Prevention Lifeline) or 911 and ask for help. If your issue is an emergency, call 911 or go to your nearest emergency room. LiveHealth Online does not offer emergency services.

LiveHealth Online is the trade name of Health Management Corporation, a separate company, providing telehealth services on behalf of Anthem Blue Cross and Blue Shield.